

Awareness

CURRENT MENTAL MODEL
...your beliefs, mindsets

Choice

A NEW MENTAL MODEL
...this is the first step

Freedom

YOUR DESIRED FUTURE
...a BIG shift in the mental model

Mental models are the "lens" through which we see the world. The beliefs are not good or bad—they simply are. The danger is when we unconsciously operate from those beliefs. We have the power to CHOOSE!



KARI

THE KARI STORY

I expect perfection



I believe DONE is better than perfect



I AM enough



RANEE

THE RANEE STORY

I have to meet all demands



I CAN say no



Here is what I am willing to do



GABRIELLA

THE GABRIELLA STORY

I need permission/approval



I TRUST my own decisions



I can move forward **in** confidence



DARSHA

THE DARSHA STORY

I should accept what is said
(or done)



I CAN pause, reflect and choose



I choose to rewrite the narrative



AVALENE

THE AVALENE STORY

I'm not qualified enough



I AM the right one for the opportunity



There is enough for me AND you



JALILA

THE JALILA STORY

If I work hard enough,
I will be rewarded



I can advocate and CARE for myself



I own and articulate my value



NIKKI

THE NIKKI STORY

I'm okay in the background



I AM powerful and that's okay



My power is MUCH needed in this world

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Stop allowing these mindsets to stand in the way.

Slowly allow your light to shine brighter...

Go forward and unleash your best self!

VICTIMHOOD: Powerless: Defensive

Offensive: Powerful: VICTORY

Is the Glass Ceiling Also a Mirror?™

Women are the backbones of their workplaces, their homes, and their communities, but we women often feel drained, ignored, and ineffective, despite our critical roles and hard work. Society—incessant media messaging and the false narratives with which we're raised—plays a big role in how we perceive ourselves. But could we also be holding ourselves back?

In this manifesto of hope, Kimberly Faith—author, speaker, executive coach, and self-described graduate of the school of hard knocks—traces women's activism and movements for change from 1920, when American women gained the right to vote.

Simultaneously, Kim breaks down the limiting mental models that are still standing in the way—often unconsciously—and brings them to life with the Sisterhood, seven stories of women who overcame obstacles in their professional and personal lives. Most importantly, she shows how it all ties together in the larger story of a global sisterhood.

Get ready to be inspired by these stories—as well as how Kim rewrote her own life story—and break through the glass ceiling in your world.

It starts with *Your Lion Inside*. Right here. Right now.

Praise for the Book

"*Your Lion Inside* is a masterpiece! Kim's use of the Sisterhood is nothing short of brilliant." *Tara L. Robinson, Hay House Author – The Ultimate Risk & Radio Show Host*

"Thank you for inspiring us to live the best life possible... and for showing the way for so many others to improve the world around them by improving their own lives." *Bill Timoney, Broadway Actor & Professional Acting Coach to Bryan Cranston – star of AMC series Breaking Bad*

"Kim has great knowledge and understanding of the female brain and mindset. She has successfully shed light on the healing that needs to take place to show up at our best in everything we do." *Karen Keller, Ph.D., Founder & CEO, Keller Institute™*

INSPIRATIONAL TEACHER

EXECUTIVE COACH

KEYNOTE SPEAKER

AUTHOR



Kimberly
— FAITH —

Kimberly Faith is an award-winning author, speaker, trainer, coach, and consultant who has worked with tens of thousands of corporate leaders from companies including Amazon, American Airlines, Boeing, GE, and Microsoft. Kim's work has taken her around the globe, training leaders from thirty-three countries and twenty-four industries. She has conducted workshops in Brazil, Canada, China, Dubai, France, Italy, Singapore and the United States.

Her experience encompasses communication, leadership development, personal branding, and systems thinking, and she has won over audiences for the past twenty years with her humor and easygoing manner. She is a coauthor of the 2015 book *Unleash Your BS (Best Self)* and coauthor of the forthcoming book *An Almost True Story: The Miracle of Change*. A self-professed thought alchemist, Kim's journey is living proof of the power of transformation—a power that awaits you as well.

Her executive coaching experience led to the development of an on-line course designed to motivate leaders to jump in the driver's seat of their career. Learn more at <https://BreakThruBranding.com/career>.

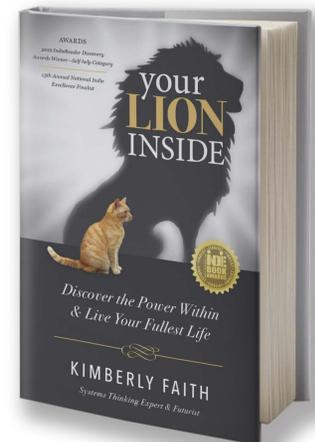
Kim is on a quest to inspire men and women around the globe to co-create a new reality for us all. "The essence of this book is to magnify H.O.P.E. – harnessing our power everyday." Be sure to tune into her podcast called *The Sisterhood Report* now available on iTunes, Googleplay, Stitcher and at TheSisterhoodReportPodcast.com. The podcast is designed to powerfully connect the dots to the larger story of women's empowerment around the globe. #GlobalSisterhood

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Book club outline available